

Tips for Tawaf

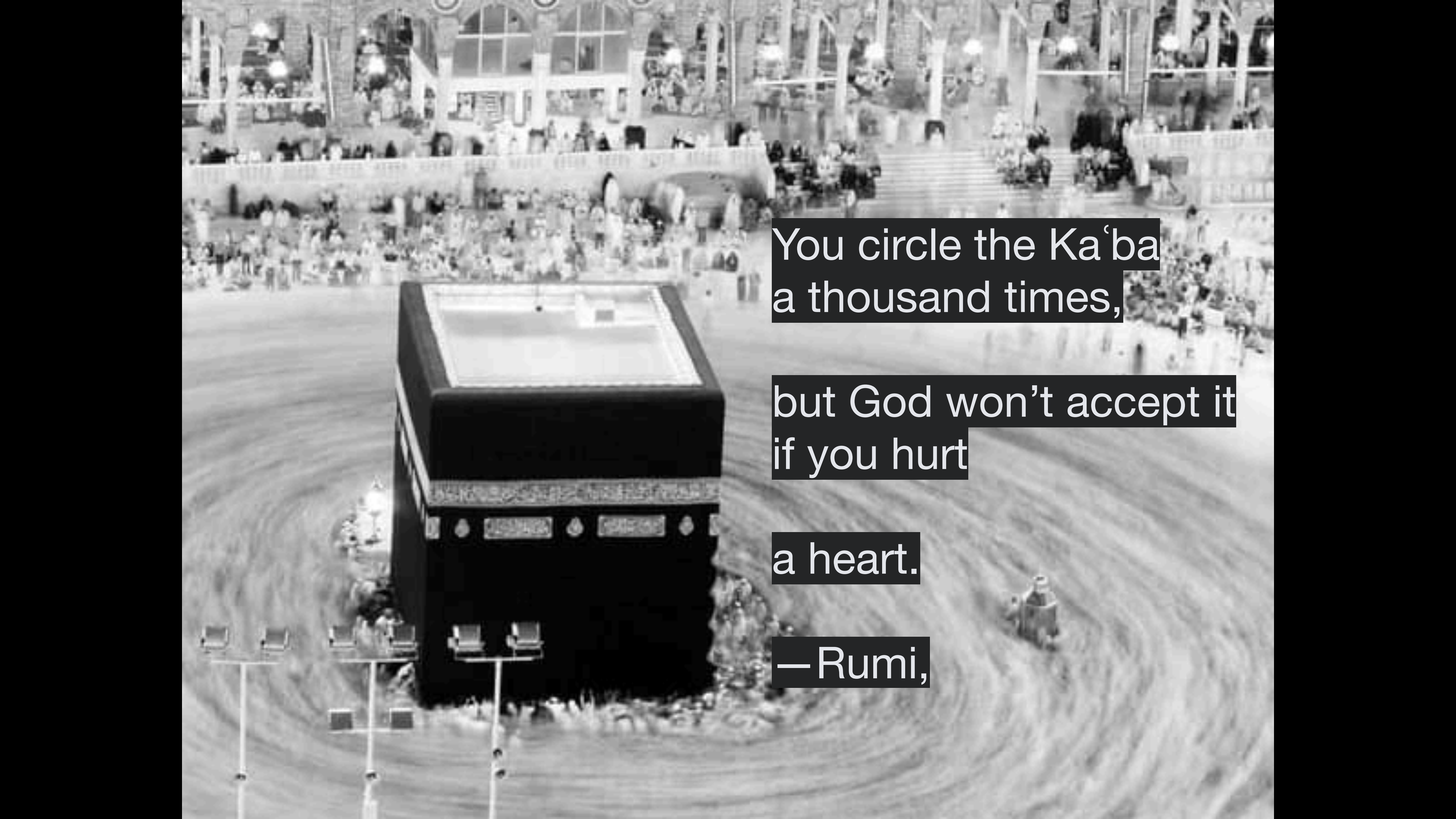
- If you have women with you, remain outside for all 7 circuits (Pushing, shoving)
- Br. Ejaz story
- Don't walk against the flow of people
- No set du'a to be recited

According to circumstance

لِيَسْهَدُوا مَنَافِعَ لَهُمْ

ومن دخله كان آمنا

“How many bodies make tawaf
without hearts, how many hearts
make tawaf without bodies” - Ml.
Ubaidulla Salem



You circle the Ka'ba
a thousand times,

but God won't accept it
if you hurt

a heart.

— Rumi,

True or False: You should perform
sa'ee immediately after performing
tawaf

What if I forget what circuit I am
in?

Which circuit am I in?

- Yaqin





1) Write down 7 du'as/topics that you would like to focus on in your tawāf

2) In each circuit, make du'a from only one of the 7 du'as/topics that you selected.

2) 2) In each circuit, make du'a from only one of the 7 du'as/topics that you selected

After Tawaf

- Salah at Maqam Ibrahim
- Zamzam

Drink Zamzam



Watch the "Virtues of Zamzam"
video by Mawlana Kamil

Sa'ee

- “To run” “Make an effort”
- Going between Safa and Marwa 7 times
- No Nafil sa'ee



Sa'i

- After each round, Imam will share a lesson that we can derive from the life of Ibrahim (AS) and Hajar (AS) and historical sights nearby.
- We will make a collective du'a after finishing sa'i

Wudu

- Not required

Go to the 2nd floor of
Sa'i - Less crowded

Approaching Safa

- Begin at Safa

- أبدأ بما بدأ الله به

- إن الصفا والمروة من شعائر الله

Intention

- Perform 7 rounds of sa'ee between Safa and Marwah
- Can be made in any language
- اللهم إني أريد السعي بين الصفا والمروة سبعة أشواط لله عز وجل
فيسره لي وتقبله مني

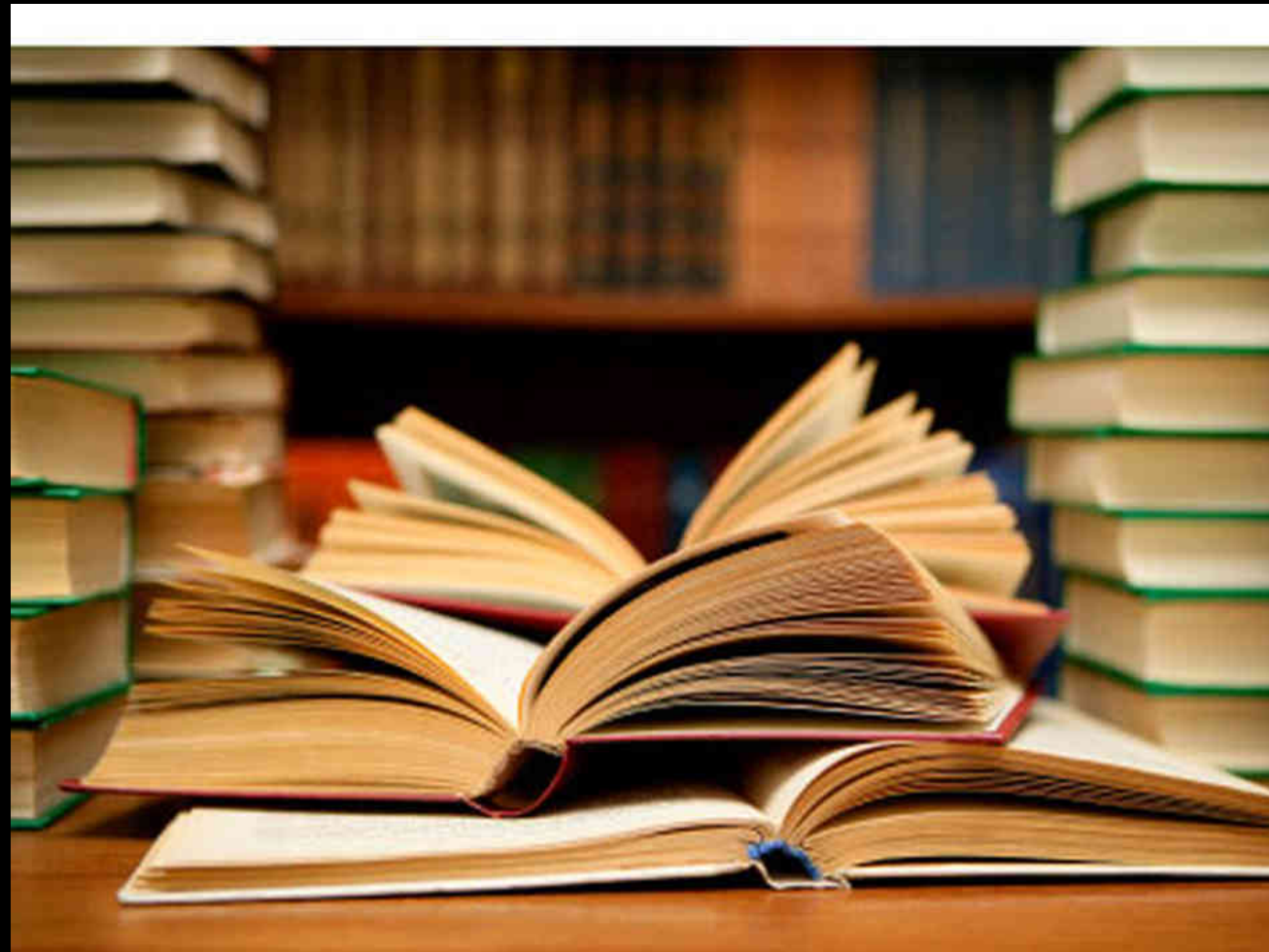
Dhikr upon Safa

3 times • **الله أكبر لا إله إلا الله**

Make salawat on the Prophet •

Dua •

Head towards Marwa



The green lights

- Quicken pace



Dhikr upon Marwa

3 times الله أكبر لا إله إلا الله •

Make salawat on the Prophet •

Dua •

Return to Safa

- Head back to Safa to complete the 2nd round

Wudu

- Not required
- (Sisters can come to the sa'i area if in menses)

Completion of Sa'ee

- 7th round of sa'ee ends at Marwah
- Trim hair to exit ihram (Hajj tamattu)

Shaving/Cutting

- Cutting or shaving one's head is required after Umrah to release an individual from the state of Ihram
- Men - Shaving > trimming
- Women - Trimming



Method for men

- Shave entire head
- Trim at least 1.5 inches from each hair
- Already bald?

Method for women

- Trim 1.5 inches from each area of the head
- Divide hair into 3 sections
- Legal ruling: Umrah = all injunctions of Ihram are lifted (Tamatu)
- Legal ruling: Hajj = all injunctions of Ihram are lifted except the prohibition of romance (Tawaf Ziyarah)

**Brothers will you cut all of
your hair?**





**Why should we cut all of our
hair? (Brothers)**

Why should we cut all of our hair? (Brothers)

- 1) The Prophet ﷺ did it.
- 2) To signify a new beginning.
- 3) The Prophet ﷺ made du'a 3 times for the ones who shave their head vs the ones who trimmed it (1x)

You may pray a 2 rak'ah prayer of
gratefulness after the Umrah is
complete

- In this world, we are not punished for involuntary suggestions. (Impure thoughts)
- In Makkah and Madinah....
- Funny story of Ali (ra) during tawaf.



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

إِنَّ الَّذِينَ كَفَرُوا وَيَصُدُّونَ عَن سَبِيلِ اللَّهِ وَالْمَسْجِدِ
الْحَرَامِ الَّذِي جَعَلْنَاهُ لِلنَّاسِ سَوَاءً الْعَاكِفُ فِيهِ وَالْبَادِ
وَمَن يُرِدْ فِيهِ بِإِلْحَادٍ بِظُلْمٍ نُذِقْهُ مِن عَذَابِ أَلِيمٍ

Home sweet home

- Know your audience
- Behavior after Umrah

Bonus material

If time, visit some of these museums in Makkah

- 1. Clock Tower Museum**
- 2. Makkah Museum**
- 3. Exhibition of the Two Holy Mosques**
- 4. Holy Quran exhibition.**

Zamzam



Can I wear a mask?



Who should I give
sadaqah to?



Friday (Jumu'ah Salah)

- Gets crowded
- Come at least 2-3 hours early
- Towel
- Water



Drink a lot of fluids especially during 10 AM to 3PM



Visiting Masjid-al-Quba





Visiting the grave of Hamzah



Fighting over prayer space in Jum'uah





Don't waste food

Should we protest the acts of Saudi government by not going for Hajj and Umrah for a few years?



Any questions?